

SIBO - LIFESTYLE

ISSUE NO. 11 MARCH 2021

Dreams/Vision:

Creative
Visualization - How
to create what you
want in your life.
Living from
strength.

Women's Day Feature:

Letters from the
future.

FROM DREAM CHASER TO
DREAM CATCHER

RUMBI
MUNYARAZI

Hello Diamonds,

Welcome to the March 2021 issue of *Sibo-Lifestyle Magazine*, where diamonds emerge. I'm excited about this month's edition because it is in celebration of International Women's Day. With that in mind, we asked 5 women to share letters their 90 year old selves would write to their 2021 selves. This is so these wise older women could help us navigate this thing called life, especially during the times that we're living in. The letters showed me that we tend to worry about the same things.

Our diamond of the month is Rumbi Munyaradzi, who, in her investment banking career, worked on transactions which raised over US\$35 billion. Yes with a B, not an M lol. She's well-travelled and has been part of experiences many of us dream of but doubt will ever happen. I mean, she attended one of Oprah Winfrey's Vision 2020 Tours in New York where Michelle Obama was the key guest interviewee. That alone makes me want to know how does she do it?!

The *Living from strength with Joyce Mutangara* section this month looks at the "Consistency" strength. To check out other strengths, see previous editions of the magazine. We also discuss creative visualization and how it can help the dreamer in you.

If you would like to receive a monthly copy of the magazine or contribute to the next issue of the magazine, you will find details on page 51. Comments and suggestions are welcome, using the contact details to the right. If you discuss or share about the magazine anywhere on social media, please use the hashtag #SiboLifestyle so we find it.

Remember, you matter, you are enough and above all you are worthy to be loved, especially by YOU. Happy International Women's Day.

With love,
Sibo Hlabangana
Bulawayo, Zimbabwe.

MARCH 2021

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SIBO-LIFESTYLE MAGAZINE

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Dreaming big, having a vision for your life,
continual growth, pursuing success, development

DREAMS AND VISION



Creative visualization – How to create what you want in your life

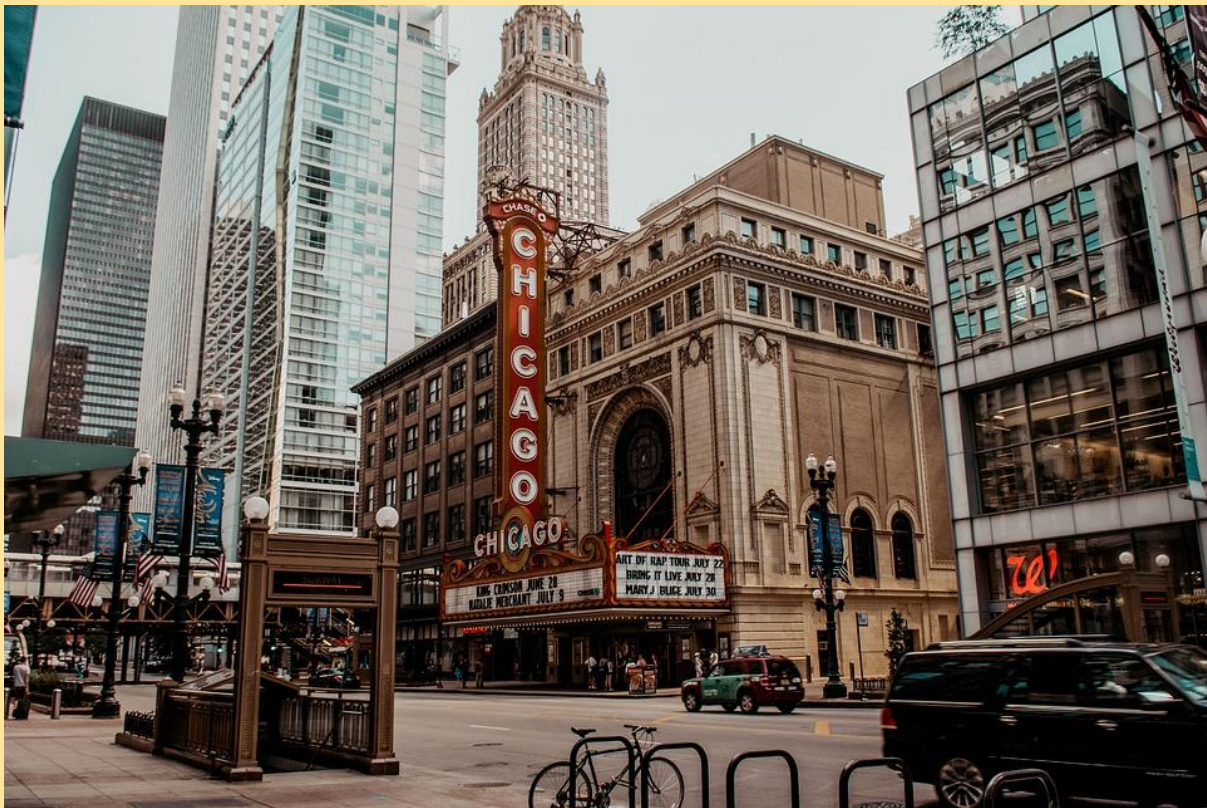
By Sibò Hlabangana

Right this very moment I'm in a luxurious room with an amazing view at a hotel in Chicago. When I read a book describing Buckingham Fountain and decided I wanted to one day see it, I didn't really have an idea what it would feel like to actually take a walk around it. I just came from there now and words can't describe the feeling I got living a dream I found highly unlikely at the time I dreamt it, in Bulawayo, Zimbabwe. The icing on the cake is that earlier this evening I had dinner at Alinea Restaurant, a place that's been on my list of dining experiences since I heard about it a couple of years ago. It feels like I'm dreaming.

I couldn't have dreamed this even if I tried. Actually wait, I am dreaming it because everything you just read is a glimpse into the life I'm visualizing for myself. What life do you dream of that you can visualize?

Shakti Gawain in her book *Creative Visualization* defines creative visualization as "the technique of using your imagination to create what you want in your life." In past articles I've emphasized the power of your thoughts and how what you think about right now, will manifest itself in your life. I've also discussed the importance of having a vision for your life, why you need something to look forward to so that you are driven to keep going.

When your thoughts are now in line with what you want and you are dreaming big and believe that your dreams are going to come true, creative visualization will help you to keep your vision top of mind. It will help you create a picture of what it is that you have to look forward to. The practices in the above book will help you create the life you dream of. Just remember not to focus on the how, God will take care of that. You need to focus on where you want to be and what you want to be doing and you will eventually see it. What you can do is focus on preparing yourself and taking action when it's time to do so.



Don't be deterred by what you see right now, by your current circumstances. What you see right now is just a result of past thinking, it is not permanent. What you think now, what you focus on, what you picture in your mind is what the future holds for you.

Shakti Gawain wrote this book in the 70s when she was 30 years old. She was an ordinary person living her life the best way she knew how. She was not famous in any way. She wrote it when there was no internet so no Facebook, Twitter or Instagram for people to talk about it. The book sold over 3 million copies, largely through word of mouth. She didn't even do any advertising for it. To date her books have sold over 10 million copies. She clearly practiced what she preached.

I'm not telling you about something I'm not practicing either. I'm a work in progress and what I like about myself is that I'm an active learner. I don't just read and hope things change. Even before I finish reading about something, I'm ready to try it out. It doesn't always work as fast as I would like but because my mind-set starts to change, I know the manifestation of what I'm believing for will eventually follow.

Sometimes something will happen to get me down or to make me doubt. So yes, there'll be days where doubts will try to seep in, whether through self-doubt or someone saying something, you have to keep believing until what you're believing for manifests itself. Visualize it until you see it come to life.

If you're thinking no this won't work, it doesn't help to say something doesn't work before giving it a chance, before actively practicing it. How long will it take you might be asking yourself? I can't tell you that because that will differ depending on what it is you're visualizing. It might take a month or a year or longer than you expect. If you are patient, you will reap the rewards. I know we live in a fast food, fast everything world, where patience is not an easy thing. You owe it to yourself to practice patience though because without it, your success will be doomed. If you give up at some point, go back and start over, there'll be nothing stopping you.

Let me finish off with another visualization example: *I'm in Paris on holiday with my husband H and our children Timothy and Nomzamo, as well as our dog Yossarian, we call him Yossy. We are at a restaurant we are loving very much. Timothy and I are playing with Yossy and H keeps telling us to stop attracting attention to ourselves. Nomzamo tells him to pretend he doesn't know us because if he continues to indulge us, we'll only get worse. Just then, Yossy runs off and starts licking another patron's toes. Timothy and I run after him to get him off the screaming woman. We get back to the table where H and Nomzamo are waiting. We all look at each other and start laughing. Go ahead, dream away.*





Living from strength with Joyce Mutangara – Consistency

Everyone is born with talents. Talents are our natural way of thinking, feeling and behaving that can be productively applied. When we invest and develop our talents, they then become strengths. A strength is the ability to consistently do an activity to near perfection. It is about the WAY we achieve success, and all of us have a 'way.'

There is an assessment called Strengths Finder, and it takes about 45 minutes to do online, answering various questions. Once you are done, it then sends you a strength report. There are 34 strengths in total, and the assessment calculates your most dominant strengths from number 1 to number 34 in sequence of their dominance. You choose whether you want the report of your full 34 or just your dominant first 5 strengths.

In this issue we are going to look at the strength of CONSISTENCY.

“Balance is important to you. You are keenly aware of the need to treat people the same, no matter what their station in life, so you do not want to see the scales tipped too far in any one person’s favour. In your view this leads to selfishness and individualism. It leads to a world where some people gain an unfair advantage because of their connections or their background or their greasing of the wheels. This is truly offensive to you. You see yourself as a guardian against it. In direct contrast to this world of special favours, you believe that people function best in a consistent environment where the rules are clear and are applied to everyone equally. This is an environment where people know what is expected. It is



predictable and even-handed. It is fair. Here each person has an even chance to show his or her worth.” *Tom Rath, StrengthsFinder 2.0.*

Kudzai is an Operations Director, and has Consistency in her top 5. She feels it’s only right that everyone is treated the same way, and under the same rules. From the gardener to the CEO. She instinctively works out a system she can follow and work by. Every week being predictable and dependable. The standard of quality and delivery will remain fairly the same. There will have to be extenuating circumstances for her to change the rules. She believes this is the best way to be fair to

everyone, and her hard work.

She therefore can design and implement systems and procedures that can work across the board. And she expects others to respect those boundaries. She will be discouraged if she witnesses too many disparities in how people are treated. However, this can be helped by clear and factual communication on why that is so. Remember, she wants what is best and fair for everyone. Something she will work hard to ensure. And that is the positivity of Consistency.

In the next issue, we will look at the strength of **Context**.



DIAMOND OF THE MONTH

“

Nurture, protect and fight
for your dreams.

Intentionality and
persistence will transform
you from a dream **chaser** to
a dream **catcher**.



RUMBI MUNYARADZI

#MYQUICKTAKE



From dream chaser to dream catcher – An interview with Rumbi Munyaradzi

By Sibö Hlabangana

In each Issue of Sibö-Lifestyle Magazine, we celebrate individuals that dream big, pursue their dreams and are pursuing success on their own terms. I'd like us to learn from them, to see how like us they are or how they differ from us. For us to see what we can do differently or continue to do to pursue our own dreams and success. This month Rumbi Munyaradzi shares her journey with us.

Have you ever read about someone or been exposed to their work and thought I want to know more about this person? Rumbi Munyaradzi is one such person for me. After working with her during the interview process, I'm glad I asked her for an interview because she was such a pleasure to work with. In her typical Type A personality, she did things in 5 days that I

had given her a month to do. I mean, she even read all past editions of the magazine to get an idea of what it's about and how best she could contribute to the vision behind it. For this and other reasons I am excited to share her journey with you.

Rumbi is a multi-talented business executive with strong debt capital markets and investment banking skills. During her 12 year investment banking career at J.P. Morgan, she worked on transactions which raised over US\$35 billion of capital to Sub-Saharan Africa. With over 30 countries under her belt, she is well-travelled across Africa, North and Latin America, Europe and Asia. Whilst taking a career break to reflect on what she wanted to do next and possibly reset, she launched GenZim Connection, an online mentorship space for young people. It is at this time that she also started a peer to peer career and personal development blog. You'll find out more about these later but for now, get comfortable and let's feast on the delicacy that is Rumbi Munyaradzi.

Where are you from and where do you currently live? If not your country, how did you end up in the country you're living in?

I'm from both Harare and Bulawayo, Zimbabwe and currently live in Johannesburg, South Africa. Having completed high school in Harare, I came to Johannesburg to study a Bachelor of Commerce degree in



Finance & Economics from Wits University. I landed an entry-level investment banking job soon after graduating and I've been here ever since!



Rijks Museum in Amsterdam. The name of the statue says it all.

Tell us about your childhood. What was life like for you growing up?

I feel like I grew up in Zimbabwe's golden age where we believed in the brighter promise of what we could become at a national and individual level. The theme of my childhood was that I could be whoever I wanted to be, even if that didn't fit any particular mould. I was a tomboy who had mad mountain-biking and video-gaming skills who loved to bake, read books and be super nerdy.

Growing up, did you imagine you would do the things you've been able to do in your life?

No, I didn't foresee any aspect of what I'm doing now. Looking back, I think it's simply because I didn't have any role models who worked in international finance, or any way to access insights about it. Pre-internet era, it was pretty hard to search for something you didn't know existed. I thought I'd be a doctor up until about Form 4 and then the more I enjoyed Maths in Sixth Form, I started having ideas about working with money somehow.

So far, what are you most proud of achieving in your life?

Currently, I'm most proud of happily living life on my own terms which has been a journey to align all aspects of who I am. It includes building a great professional career, pursuing academic interests, taking calculated risks with my financial investments, being a person of integrity in all of my dealings and constantly learning. I also have great friends and family who support me and keep me sane 😊

I have fond memories of when I landed in New York in 2008 for a 6-week training program as a freshly-hired graduate. I had a great apartment all to myself near Times Square and got exposure to so many different people and places during that time. I'd never travelled overseas prior to this job so it was an assault on all my senses – in a good way! I remember looking at the view of the Hudson River and the Manhattan Skyline from my room and wondering if this was really my life. I sent over 100 job applications in my final year, was invited to interview with 5 companies and received only one job offer. And that offer was from one of the best investment banks in the world. It taught me how the right opportunity at the right time can accelerate a person's life.



What are you currently working on?

I spent 12 years working in investment banking and in late 2019, I decided to take a break to reflect, refresh and reset. I had a great time while I was immersed in that finance world,

however, in 2019 something in me became restless and I felt strongly motivated to pivot in a new direction. I sense it will likely be connected to digital transformation or digital strategy but I'm still researching and talking to various people to piece together the right fit.

Until now, I've never had time to stop and think about what I want and dream new dreams; I've always been chasing something academically or professionally. I am profoundly grateful to be able to press the pause button and take a break on my terms. All of us have numerous talents and interests. Taking this time to design my life rather than react to the opportunities presented to me, has helped me reclaim important parts of myself I'd been neglecting.

What I've most enjoyed nurturing back to life is my creativity! I'm currently expressing that through two different blogs which link back to my desire to share what I know and elevate the conversations we have about how we can live productive lives. My big passion project is The GenZim Connection (www.genzim.com) a blog where I make myself available for mentorship conversations with teenage girls. The second interest is a personal blog

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With the “*Gen Z Pocketbook*” and the blog, I hope every reader can learn useful tools for growing up happier and more confident in their awesome capabilities. We keep talking about how at this moment in our culture, representation matters. That definitely applies to mentorship too so that young people can ask the questions they are struggling with and feel understood.

RUMBI MUNYARADZI

Blogger & Author @ The GenZim Connection



WWW.GENZIM.COM



(www.rumbimunyaradzi.com) where I discuss careers and personal development issues from a peer-to-peer perspective.

What did you do before what you're doing now and how did you get into that?

In my former life, I was an Executive Director at J.P. Morgan Chase Bank in the Sub-Saharan Africa Debt Capital Markets team. My role was about raising large scale USD debt funding for governments, companies and banks across the continent. I worked on transactions worth over US\$35 billion during that 12-year period so it exposed me to a variety of economies, sectors and the world at large because there was a lot of travel involved to meet clients and investors for these deals.

My entry into investment banking: I applied for the job during my final undergraduate year and specifically targeted graduate recruitment programs where formal work experience was not required. I believe the combination of finance skills from my degree, my exposure from a past banking internship, general interest in current affairs and ability to network quickly within the organization sealed the deal for me. I went through 7 rounds of interviews which were stressful but helped me understand why I felt the job would be a good fit for me.



What made you decide to start the GenZim Connection? How did you come up with the idea and why that in particular?

I don't think the Zimbabwean education system factors in enough holistic support to teenagers especially in the 16-19 year range. At that age, you're still a kid but are starting to deal with more intense and advanced issues. I know I could have benefited from additional advice from a mature perspective on how to cope with various issues I was confronted with. In talking to various people, I realized many others felt the same and that not much has changed all these years later.

Rather than create a formal program, the blog is my personal hands-on approach to engage in a form of mentorship at scale, and without limiting that kind of opportunity to top performers as so many programs do. I'm mostly interested in engaging girls because they are less likely to reach out for mentorship and networking than boys. This tendency has an unfortunate way of extending into their careers – no, the workplace is not a meritocracy, you need networks – so I want to help shift this attitude early.

The name "GenZim" is a combination of Gen Z for the teenage audience I want to engage with, and Zim(babwe) because I would like this to be of most benefit specifically to our next generation of Zimbabwean society.



GENZIM REFLECTIONS

GenZim

GRATITUDE

noun: the quality of being thankful; readiness to show appreciation and to return kindness

What are you most grateful for? Do you think you show your appreciation often enough?

Are you currently working on other things as well, if yes, what?

Yes, I have a personal blog as well. I started it because I shared a few posts about my sabbatical on LinkedIn which attracted a lot of interest and generated several offline conversations. I got the sense that many people feel stuck in their lives and that their career choice is a major factor in that sense of dissatisfaction. They don't know what to do about it, don't know where to start but would like to walk the journey with someone else who is re-assessing their career options.

What do you enjoy about running your own business or working on your own venture/projects?

I enjoy the self-reflection and having a process that requires me to attach words to what I'm feeling. It gives a sense of legitimacy to my inner thought life. Like JRR Tolkien said, "Not all those who wander are lost." I have learnt a lot and reconnected with so many known truths during this process:

- Working when I have creative flow has taught me how important it is to align my schedule to do tasks according to what is best for my energy levels. The right task at the right time takes me less time and is of higher quality than the right task at the wrong time.
- The other aspect of flow – life without resistance – is that being sensitive to where I experience it has made me really emphatic about cutting out the things that introduce friction instead. We are so powerful when we can consistently give our best to what matters most – why entertain things that distract us from that? Flow for me is about finding the people and activities I enjoy, which energise me and build me up. Because of the value they give me, I invest the same energy back and it compounds beautifully. Friction for me is all the people and things that distract me from my purpose, waste my time and drain my energy. I reduce this as much as I possibly can – although I understand this will never be zero.
- Networking has been, and always will be, another huge aspect of my life. Creating the GenZim Connection blog has pushed me into new social circles, new levels of engagement about what is happening in Zimbabwe, and most importantly deeper empathy. In as much as I am doing this to help others, I find myself growing too.

What have you found to be difficult or challenging in running your own business, venture or project?

When I originally planned this sabbatical, my main focus areas were to complete my Executive Masters in Digital Transformation & Innovation from IE University in Spain and to travel extensively around South Africa and Spain. My degree was a long-distance format where we had block releases every 4 months with virtual learning in-between. I had two trips to Spain

before lockdown happened, and of course, the rest of my travel plans got cancelled along with that. I did graduate on schedule so thankfully that part was not derailed.

Being at home created space for new ideas to germinate, and the space to actually nurture them into something tangible. I doubt I would have created these blogs at the same pace and dedication as I've done if I had been able to travel and socialize the way I had planned.

How has COVID-19 affected what you do and what have you learned as a result?

I have always been pretty ambitious, however, all I've experienced and observed makes me feel emboldened about what I'm planning and to not delay whatever I believe must be done.



Life on the Kilimanjaro trail.

If someone wanted to start their own business or project, what insights would you give them?

- Do enough research to confidently start with a plan that proves viability – beware analysis paralysis.
- Be clear about who you want to help, what problem you are solving and how you fulfil their need. Explore this intensely upfront. Sometimes practical experience as you build out your solution will help you refine your thinking so keep coming back to this.
- Have clear targets and performance metrics.
- Review all your networks and contact those who you can trust to help you.

- Timing is key – not that I want to give an excuse for procrastinating but what makes now a good time for your launch?
- Preparation, purpose and passion go hand in hand. Without preparation, passion and purpose lack the foundation to manifest. Without passion or purpose, even the best laid plans will not be sustained long enough to flourish beyond a certain basic level.
- Try to embed digital tools in all you do – they help you work faster, cheaper and at scale.

Do you have dreams, goals or a vision for your life?

In my 30s, I've been refining the vision for my life. I didn't concentrate much on this before. In my teens and 20s I had goals like getting a degree, becoming financially independent, owning property, travelling and reaching a certain rank within my organization. However, having goals is not the same as having a vision. A vision calls you to mobilise all your gifts to create a full picture of all you can create personally, professionally and in your community. I am a Beyoncé fan, and her song "Bigger" sums up how I want to feel about the vision I set for my life.



I'm here for all the types of coffee Bali can offer.

Have you recorded the above in any way? If yes, how?

Yes, I wrote a vision letter on my 30th birthday that I refer to often and have been updating on each birthday. I paint with words. Vision boards are not really my thing.

Have any of your dreams or goals come true or been achieved?

Yes! When I was in my 20s, I set goals that I wanted to achieve by the time I was 30. I did everything on the list, and perhaps controversially, getting married was specifically not something I wanted before 30. There's a lot I wanted to explore and affirm in myself prior to marriage. Now as a happily single person, I can open-heartedly welcome it if it's meant to be.

Having ticked all my previous boxes by 30, I felt a bit lost in my early 30s because I didn't fully commit to a new set of goals to replace the old list. This phase taught me why having a vision

is more durable than only having goals. Goals help achieve a vision but only a vision can sustain me. Now that I've set a vision for my life and have broken that into various goals, I'm busy pursuing that.

What drives you in life? What keeps you going?

Knowing I'm capable of, and called to, create a positive impact in other people's lives.

What does success look like for you?

Doing my best in what I value most with integrity, joy and sincerity.

Have you ever failed at something? If yes, what happened and how did you handle it?

I have certainly experienced some failures which I've learnt from but none which have shaken me to the core. I do believe in that school of thought that says we should turn a setback into a setup for achieving that same goal in a different way, or to make room for something new altogether.



Sunset on the Greek Islands.

What places have you travelled to?

I've been to over 30 countries across Africa, North and Latin America, Europe and Asia, usually visiting more than one city along the way.

I had the awesome privilege of seeing the world's biggest capital cities through work and having that inspire me to return on holiday so that I could experience them again at leisure. What I am most appreciative of is that my job required me to travel all over Africa. If I'm honest, I don't think I would have seen all these places on my own dime the first time around but I have now been cured of my ignorance. Angola, Ghana, Senegal, Gabon, Cote d'Ivoire, Ethiopia, Kenya, Nigeria, Rwanda, Zambia, Tanzania, Mauritius and Namibia – I have mad love for them all and have returned to several of them on holiday.

What did you love about the places you've travelled to?

The nerd and art fanatic in me looks for a museum in every city I visit. That's the basic requirement when I travel. Beyond that, I take two types of trips. The type I take most often is a city break, usually with friends, where I'm all about cultural experiences and events (music concerts, plays, live sports etc) and very importantly, great food and wine. #TheGoodLifeBasically. The second type of trip I take less often but I value most, and that is solo travel on some sort of backpacker tour to see our natural wonders. I do this when I need to clear the clutter in my head and heart by reconnecting with nature. The food is basic, cell phone reception is limited and the conversation is minimal. I detach from whatever personas I have in my daily life. #SimpleSerenity.



Taj Mahal, India - what love can make a man do!

What have you learned from your travel experiences?

There's a lot I could say about this but to be brief, the main things are:

- Humanity craves the same things no matter where you go but we choose to let our differences divide us.
- The whole world has incredible beauty – there is no 'best' this or that for me. That kind of comparison diminishes what's unique about a place, its context in history and its significance to its people.
- Food is a language! At least it is for me 😊
- I'm fortunate to count travel as part of my education, rather than an indulgence or reward. It's part of how I invest in myself and how I get to have a 3D experience of my hobbies and interests. E.g. Being able to follow my favourite music online and then watch those artists perform live.
- Empathy, resilience, flexibility, 'street smarts' and curiosity.
- On the practical side: research, book way in advance and accumulate reward points where possible to reduce the cost of trips.



Restaurants to street food, I go after any food that tastes good and there is no meal without dessert.

What has been the best place you've visited and why?

I'll phrase that differently and say my richest travelling experience was a 1 month backpacking trip across Mexico, Belize and Guatemala. The theme we were exploring was to retrace the roots of the Ancient Mayan people across Latin America, so we saw lots of cultural sites (nerd

heaven,) ate traditional food (foodie heaven) and went off the beaten track to small towns and through forests (#SimpleSerenity.) Most of what I heard that whole month except within my travel group was Spanish so I had to recall a lot of O Level Latin and French to piece together what people were saying – and it worked! I travelled alone as part of a tour group so I could be as social as I wanted to be. I spent a lot of time doing my own thing – people were so friendly, helpful and curious about the solo black girl walking around their town.

Last year, before lockdown started, I was able to attend Oprah Winfrey's Vision 2020 Tour in New York. The event was about setting specific wellness goals which I took seriously, and I really enjoyed the interview she had with Michelle Obama. The trip was a 3D experience for me since I listen to Oprah's podcasts plus I've read Michelle's book and am a fan of her general amazing-ness. Investing in this trip made me pay closer attention to concrete wellness goals which I have been sticking to! I write more about this particular experience on my blog.



Seeking silence in Hong Kong's temples.

Are you in any way or form taking care of or feeding your mind, spirit, body and soul? If yes, how are you doing that?

For my mind, I read at least one book per month. I've been an avid reader since junior school but in the past 5 years, I've been strict about completing a certain amount of reading consistently. I also love podcasts on a variety of finance, philosophy and general life topics that help me be a better human. My favourite ones are:

- How I Built This: stories about entrepreneurs – their journeys, lessons and mistakes.
- Jesus and Jollof: Yvonne Orji and Luvvie Ajayi talking about life and levelling up.
- Dear Future Wifey: a guy talking about his journey to get ready for love and marriage.
- Oprah Super Soul Sunday: conversations about different spiritual topics.

For my body, I focus on doing the good basics consistently. I aim for 8hrs of sleep, keeping well-hydrated, stretching and walking regularly, and eating well which has lately been a mostly vegetarian diet. I'm becoming more sensitive to tension in my body e.g. tight shoulders or clenched jaw and aim to shake that off because it often creeps up subconsciously.

For my spirit/soul:

I've started reading the Bible and exploring religion, so far so good! I also love music; it makes me happy deep down in my soul so I often play music loud and sing along.

How do you show yourself love, if you do that?

I take care of myself in the ways I described above because I believe that to take care of someone you love, action has to be attached to the

concept of love. My self-talk is more patient and kind as I've matured, and I let myself feel my feelings.

Do you have a morning routine? If yes, what does it look like?

What is consistent about my morning is that I start with a 'power hour.' Every now and again, I shake up how I spend this time so that life doesn't feel monotonous. It currently consists of 20 minutes stretching and deep breathing, 20 minutes reading the Bible and praying, and 20 minutes to make a healthy breakfast. I've been a bit naughty lately but generally, I only look



Table Mountain, Cape Town - not to be under-rated.

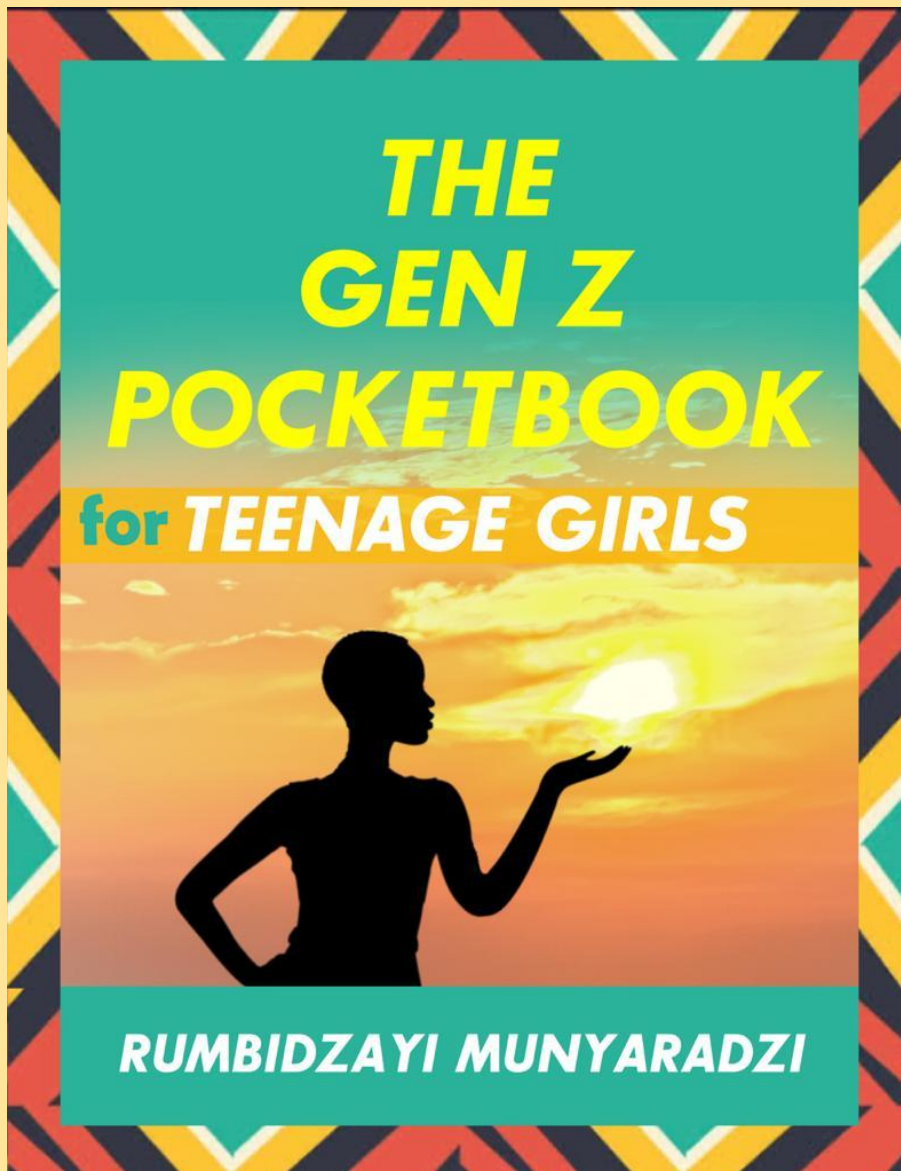
at my phone AFTER my power hour. It's not ideal to start the day with digital clutter in my head. I need to get back to taking my own advice on that one!

Do you have any people you consider role models? (Living or passed on) If yes please name them.

Role model is a strong term, and I don't take it lightly. For me, it's more that I have people I admire but I don't look at their lives as a template for my own. I most admire Serena Williams



Watching Serena at the 2015 US Open Semi-Finals.



– she’s unrelentingly pursuing her passion regardless of the haters and simply operates on her own level.

Then there is Priscilla Shirer: a US-based pastor who is on fire for her calling and it’s contagious! I got the mental clarity to write my e-book (“The Gen Z Pocketbook for Teenage Girls”) after listening to one of her sermons. It taught me to never underestimate how someone’s passion to share, teach and inspire can spark something inside whoever hears their message.

What 3 books have played a role in your personal development and growth?

- Jeff Olson “The Slight Edge”: consistency and diligence with small progress compounds to great results.
- Clayton Christensen et alia “How Will You Measure Your Life”: the title says it all.
- Scott Galloway “The Four”: it directly encouraged me to think bigger about what’s possible in life because we have so much enabling technology for just about anything we set our minds to.

If you were to be well known for something, what would you want it to be? Or how would you want to be remembered at the end of your life?

I would like to be most well-known for shaping a better society by sharing my knowledge, connections and time to build up other women. I believe we have to create our own

opportunities and make way for others who are at risk of under-utilising their potential just because of a lack of access.

For someone at the beginning of pursuing their dreams, what book would you suggest they start with?

“The Magic of Thinking Big” by David Schwartz. I’m going old school on that one because the basic root of activating our dreams is to believe that what we think can be made into a reality. Although there is nothing new about that message, we need to check ourselves: is what we know the same as what we **believe**? In David’s words, “Belief is like a thermostat that regulates what we accomplish in life.”

What life lessons or thoughts would you like to leave the reader with?

Consider whether the 80/20 rule is working for you or against you. Typically, 80% of our best results come from 20% of our productive time. What would happen if you spent more time doing the things that generated the most value (in your life, with your family, in your work) than just the 20%? I really considered this rule during my career as I found I spent 80% of my time at work and was cramming in every other aspect of my life in the remaining 20% of time. It brought me to burnout at one stage. Once I revisited my priorities, I started making better choices that reflected more of what I holistically appreciated.

• MORE THAN 6 MILLION COPIES SOLD •

THE MAGIC OF THINKING BIG

DAVID J. SCHWARTZ, P.H.D.

“

The 80/20 Rule goes **under-rated** when really it can't be **over-stated**. If we spent 80% of our time on the 80% of things that generate the most value in our lives, we would unleash a whole new level of fulfillment and impact.



RUMBI MUNYARADZI

#PHILOSOPHICALFRIDAY

R
M

If you have ideas that excite you then **just get started** on turning them into reality. Don't let yourself be the reason why you don't have the life you dream of.

Be kind to yourself. There are lots of roles that we play as someone's sibling, child, partner, parent, employee, boss – you name it. We won't get everything right as we navigate these roles but if we extend some grace to ourselves, it will sustain us to keep trying to do better and be patient with others as they experience the same juggling act.

Joy is available to you right now – don't defer it to 'someday.'

“Grow where you are planted” – make the most of the opportunities in your current environment and enjoy the season you are in.



Somewhere in the Namibian desert, this plant understands what it means to overcome adversity.

How can readers support you or your work if they would like to do that?

If you have any teenage girls in your life, please share my website with them: www.genzim.com. My free e-book (“The Gen Z Pocketbook for Teenage Girls”) is available for download there. GenZim’ers can also follow me on Instagram and Facebook. That’s where I share updates on new blogs and career insight videos, and my handle is **@genzimconnection**.

If you’re keen to explore some of the career and self-development topics I write about then take a look at my personal blog: www.rumbimunyaradzi.com. I also carry the conversation across to Instagram on my handle **@rumbi_munyaradzi**.



International Women's Day Feature



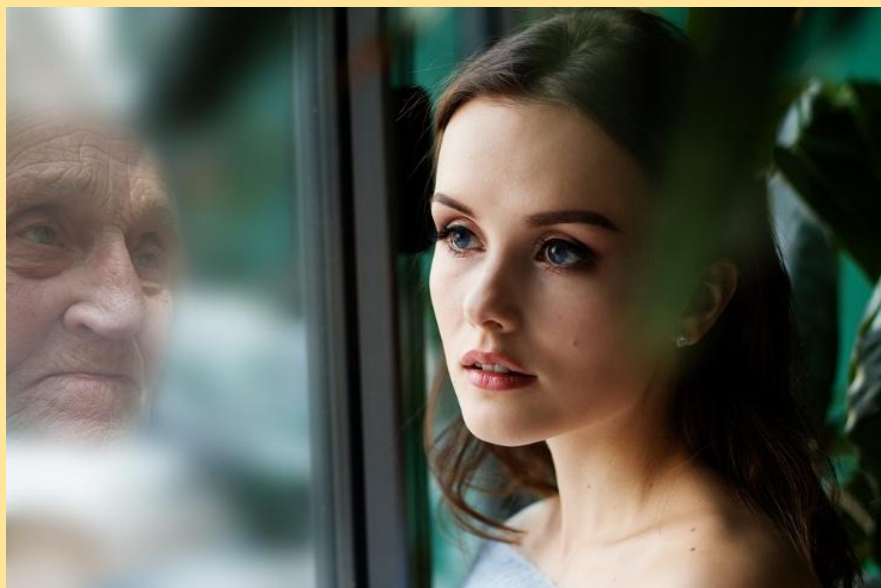
Letters from the future

By Magugu Khumalo, Lola Denga, Sandra Areka, Ruramai Mugwisi and Sibho Hlabangana

In celebration of International Women’s Day, we asked 5 women the same question and asked them to share a letter with us. This is the question each person was asked: **“You are at**

the age of 90 and you decide to write a letter to your younger self of 2021. What would you say in the letter? What advice would your 90 year old self give you?”

They say with age comes wisdom, it is our hope that their letters will help us better navigate this thing called life. Below are the letters:



Magugu Khumalo's letter

My dearest Magu,

Child, take a breather! I know it's scary, I know you are panicking. Shut the demon voices in you telling you that this is the end, that you are not gonna make it, that you will lose all that you worked so hard for, the voice screaming that you have to give up on your dream of "BECOMING." Yes you are battling for survival, yes you are living in uncertain times, you have been losing loved ones, and everyone around you is losing loved ones. People that you have always looked up to are losing jobs and businesses that they have worked all their lives for. The world is angry! But you are here, you still have the means to carry on.

Stand up child, look in the mirror and reflect on the person you were before this vicious pandemic. Silence all the whispering demons. Think about you for now. No you are not being selfish, you are also affected like the whole world but it's your choice to rise above it all and not give in to being another statistic or victim of the ends of this pandemic! You are stronger than you think, you have conquered before, you can still do so now, you have to "Overcome" in order to "Become."

Wipe off those tears, neither you nor your dreams will succumb to the state of this world. Go on, get that goal that you have always wanted. Child, do not give in to the pessimism of others. Some people hate that you are always optimistic, remember misery loves company. Do not give them the satisfaction, do not let people around you define you. They say you are not "normal." What is normal? You have your own quirks, while some people may deem as strange or



weird, they are traits that make you the only one of your kind, the particular one. Stay unapologetic, anyone that cannot accept you for who you are, can also live without you, show them the door!

Do not live to keep up with the "Joneses." I know there is pressure around you, pressure to always keep up appearances, care not about public perception, your happiness should not be based on keeping up with the "Joneses." Happiness is a choice, you do not need materialistic things to make it a choice. But I know you want the "soft life." Well there is nothing wrong with wanting the finer things in life as long you are going to work for them. Life does not have to be hard, live the best of your life, tomorrow is not promised but you, child of God, have many years of living ahead, do not settle for average, you deserve the best and you are going to get only the best.



Do not rush into any relationship commitments like getting married and having kids, a man will not make your life whole unless that man (I pray and hope it's a woman that holds that power in your time) is part of your business transaction that will set you up for life. Yes his signature on that contract is a must and you will get it without having to lay your back on it, you will have it because you are deserving and you have worked hard for it 😊 Well, back to the marriage and kids, do not rush the process. Being married and having kids does not define you. It is ok not to have either, just make sure you make the right choice not based on what society says. Never make decisions based on other people's beliefs. Marriage is not an



achievement. Enjoy life, go on dates, break hearts😊 these boys deserve it😊 Marriage will happen when the time is right.

They say you only live once and once is enough when you do it right. Remember, life is not a sport, the race is yours alone, the finish line is where you set it. Keep your eyes fixed on the price, chin up.

Love, 90 year old Magugu.

Lola's letter

Dear 2021 Lola,

Girl I see you, I don't have to ask how you are because you've been going through it all. The confusion is draining, the discouragement is heart breaking and you're seriously at the brink of giving up on EVERYTHING!!!

But wait...

I want you to know that you are loved. You have a Heavenly Father calling out for you so strongly, wanting you to draw closer to Him. Receive His love in its fullness, don't let it be head knowledge or something you strive for, walk with Him, talk to Him, He wants to heal all your hurt.

Believe you me if I could do 2021 over again these are the EXACT steps I would have taken.

I would have taken time to realise sooner that there's power in being a night owl just as much as there's power in being part of the 5am club. Just because everyone is talking about the 5am club do not feel under pressure to be part of it. What you need to do right now is set a solid schedule and stick to it.

Again don't pack this schedule with the 101 desires you want to achieve in a day, take it one step at a time and make sure your daily goals are measurable. The more you tick them off the more intentional you will be the next day. It sounds impossible now but you will be an early bird soon because there is a fire that you will develop inside that will be unstoppable and you will not be able to stay in bed.

For now do as I say, set a solid schedule and get consistent in it. Some of the most influential billionaires are night owls too and get out of bed way later than you. The difference between you and them right now is how they have chosen to schedule out their day and have been very intentional about their daily goals and tasks.

Listen, I know you've been beating yourself up because you are not practicing enough self-love. For crying out loud, feeling guilty about not loving yourself is just a disaster waiting to happen - love yourself already will yah!!!



You love reading, stop what you're doing, pick up that book and read. Do you have flour in your cupboard right now? I know very well you do!!! Get those hands dirty and experience the therapy you love that comes from baking. Get in a daily dose of love, not just once a day but at any moment you can. Make plans for the weekend whether they are home plans or going somewhere. Life is too short to sit and wish!!!

You are a student of prayer. Do not allow emotions to lie to you. Continue to pray for your husband no matter how hard it can be sometimes and remember to keep becoming Mrs Better-half. It is more of a blessing to give than to receive always.

Mom goals, couple goals, are all over rated. Do you boo!! Just take the pressure off. I know you love Pinterest but you need to let it inspire you and not cause you to feel pressure. Hint, if your mind starts to say “I wish,” you need to replace it with “I will.” Replace “I can’t wait to have” with “When I now have.” Trust me, your life is going to flourish so stop stressing about what isn't and start focusing on the good that is happening.

All that you are going through today will help a lot of women. Don't try and numb yourself, allow yourself to be vulnerable and work through every trouble. God will deliver you out of all of them.

Your health is your wealth. Do not neglect to rest, drink water, be mentally ok and eat the things you need to be well. Anxiety will lead to depression, remember that the next time you start to worry about the things that are beyond your control.



You are a big dreamer, do not let fear of being judged dim your light. Step out in your God given gift, write and allow transformation to take place. Do things you think you are not confident in and realise just how beautiful, strong and resilient you are. You have been blessed to be a blessing so keep moving in the path the Lord has set out for you. Let go of past ambitions and focus on the higher calling that is before you, it will lead you to greatness.

Take note and be wise with your money and make that money make you more money. Do not be consumed by financial desires, enjoy every phase of your life. Bread and tea alone is a

blessing as much as a full bacon and egg breakfast with smoothies. Either way you will be sustained and you will not go to bed hungry.

Lastly, open your eyes to all those around you. Some are new friends, some are a bridge that will lead to your next client, idea or assignment, some are there to teach you how not to treat the next person. Above all else, make it your mission to live in peace with everything and everyone.

P/S: your worth is more precious than rubies xx

With Love,

90 year old Lola.

Ruramai Mugwisi's letter

Dear Rue,



You've lived such a full life. Your children have turned out great! They are happy, whole and fulfilled. Your legacy lives on in the culmination of their dreams and hopes, which you fuelled with your faith and tenacity. You're blessed with ten grandbabies and they call you Gigi because you're nobody's 'gogo!' You still love to cook and afterwards dress up and look good at dinner and your grandbabies love that about you! You're surrounded with so much love.

You've come such a long way from the uncertainty you had all those years ago. Middle aged, anxious and almost depressed that you've lost so much time and yet you've achieved so little. I know there's still more to do. Maybe too much when you think about all the things you've achieved and yet you still have no idea right now of all the plans that God has lined for you.

No spoiler alerts, but I just want to encourage you to get ready for a mind blowing season of such transformation and growth. I know sometimes you want to give up because you just don't have the strength to take another shot at your dreams. Don't be too afraid to try. Always try Rue. Over and over again if you have to. You think that you should have it all together by now. That your reality would have aligned to your purpose. Let me remind you that purpose requires a clear vision (focus,) a strategy (action) and unyielding commitment (passion) which means pain and hardship in building from the ground up.

As you construct your future with the one mindedness which I know you have, pause and



consider how far you've walked and the battles you've won. Take a moment to celebrate yourself once in a while. Stop being so hard on yourself. You're doing good Rue! Don't get too

comfortable though - comfort is the enemy of greatness. And don't procrastinate. Keep striving for more. There's the quote you love by Steve Jobs, 'Stay hungry, stay foolish.' Keep that quote on your lock screen. You have a hunger that keeps you restless. You are searching for how to live this life as joyously and expectantly with as much curiosity as possible. Sustain that hunger you have for abundant living by pursuing your goals. Maintain balance by slowing down every once in a while to reflect with gratitude on the places you've walked out from unscathed and yet thankful still for the scars you carry because they remind you that you survived.

You give so much of yourself to others and some will remember how you showed up. But you can't be everything to everybody at all times. It's ok to give yourself the same grace. Give yourself time. Time to heal. Time to figure things out. Time to work on yourself. Great masterpieces take time. Give yourself a break too. You'll get there. Forgive yourself for the

slip ups. For the mistakes you've made. For yelling at your children. For not cooking gourmet meals at the drop of a hat. For staying when you should have walked away from those toxic situations. For not believing in yourself.



You'll get all the things you desire. You'll lose the weight. You'll get the job. You'll launch the ventures. You'll travel the world. You'll watch your children graduate. They will turn out great and achieve phenomenal things. So stop worrying and enjoy the life you have now. Embrace the interruptions. The doors that have slammed shut will lead to other avenues to explore. Detours can still get you to your destination.

Don't spend too much time worrying about what people say. People always have something to say. You included. You have a lot to say about yourself and you're not always right. It's time to start affirming yourself more intentionally. Keep your circle tight enough to hold you close when things fall apart but open enough to include unexpected friendships. Some of the people who will impact you in such a powerful way will walk into your life after your mid 40s. You'll rekindle some old friendships too and they will be like new ones. That's God. He always gives you a new thing disguised as something old. Discern the fresh start and be expectant. Some of your greatest moments lie ahead of you.

Love you and waiting on you,

90 year old Rue.

Sandra Areka's letter

To my darling Sandy,

I have just sneaked away from the family for a few minutes to write you this letter. It's been a wonderful day, I turned 90 years old today. I feel so excited!!! I look back over my life and am astonished that my life turned out to be such an inspiration to many. Who would have imagined that a girl born out of Bulawayo would become an international brand? You know when I started out, I had nothing, no dreams, no vision, I was hopeless. Then God's grace found me and my life turned around. I have been blessed, I have lived a fruitful life. My life has been more than I ever dreamed or imagined. It has surpassed my vision boards. Today I looked at the vision board I did in 2021, I could not stop crying tears of joy. Everything I wrote down has come to pass. I am in awe of God. Wait, before I get ahead of myself, today I am speaking to you my darling Sandy. So make yourself a cup of hot chocolate, sit on your cosy couch and then you can start reading this letter.



Here's what I want you to know:

1. **You are precious, you are loved and you are cherished.** Some days you feel so ordinary like a drop in the Atlantic Ocean, but I want to say to you, you are a masterpiece and a treasured possession in the eye of your Creator.
2. **Don't worry.** Never leave your life to chance, pray, believe and trust God. I know right now you are filled with thoughts like, "when will COVID-19 end? Will life ever get back to normal?"



Is this the new normal? Will I get that international scholarship?" Be still my precious one. Don't worry, things will turn out in your favour. Believe me, they will.

3. **Embrace your beauty as an African woman.** The world will constantly redefine what they think a beautiful woman should look like. Don't buy into that! You are beautiful the way you are. Be authentically you. Remember true beauty will always be found within. Embrace your flaws and your scars. Your scars are proof that you went through pain, but you are here today, victorious, you overcame, you were healed, embrace

them. Yes, strive to be beautiful outwardly, but remember outward beauty can take you into a King's palace, only a beautiful character will keep you there.

4. **Smile often and laugh out loud.** I mean laugh until your stomach hurts. You will thank me later.

5. **Take care of your health.** Eat healthy food, drink lots of water, and exercise. Last week I was so proud of myself because I went bungee jumping. Yes, I did. You know how in my 30s I was so afraid of heights, I refused to go bungee jumping, swimming with the sharks and diving. As life would have it, it's something that has always been on my fear list. So I discovered I had ticked off almost everything except for this one thing and well I conquered that

fear. Afterwards I wondered what things I feared that I should have just faced head on when I was still your age.



6. **Take risks and face your fears daily.**

7. **Don't let opportunities pass you by.** If you missed the opportunity before, work on the reasons why you missed it. The opportunity will come again, in a different form. It will come again, and when it does make the most of it.

8. **Be grateful.** Nothing attracts abundance like gratitude.

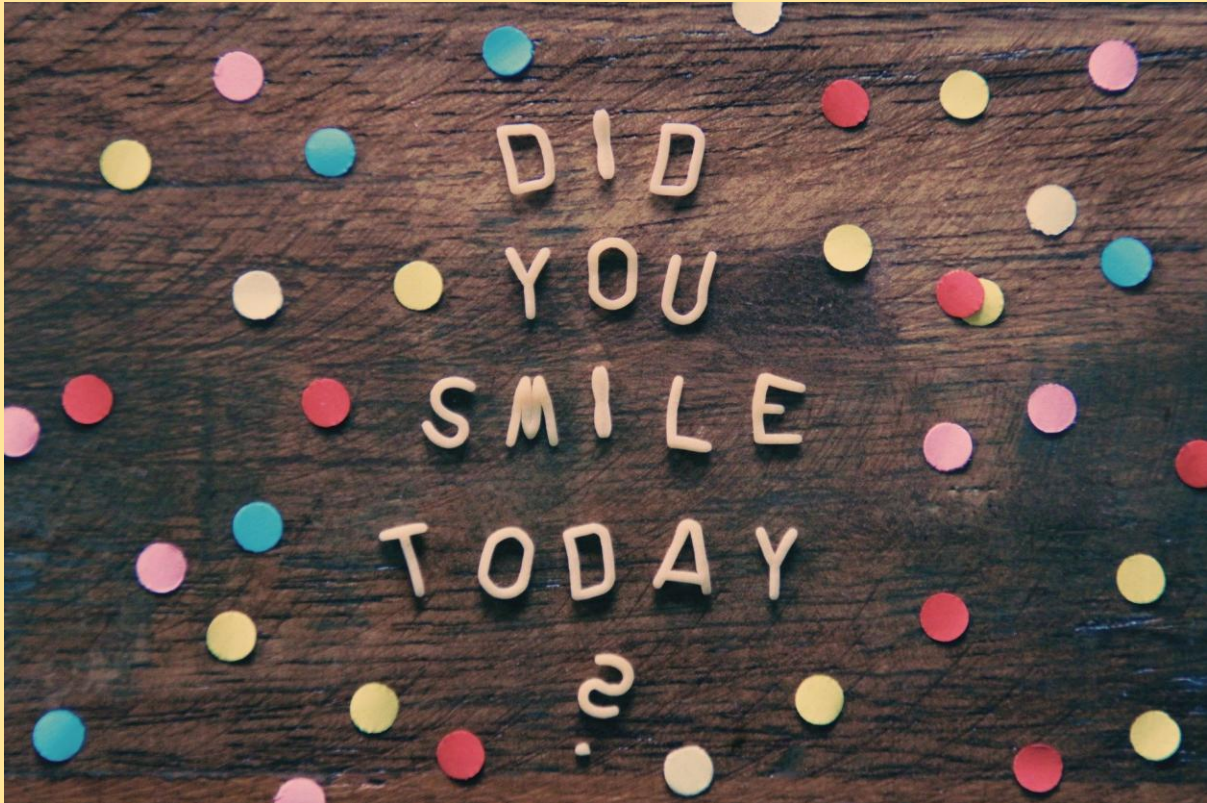
9. **Forgive.** I have lived long enough to know that life is a marathon, don't carry around the baggage of unforgiveness, it only wears you out. It takes away your joy and happiness. Forgive yourself and forgive those around you. We live in an imperfect world surrounded by imperfect people. Just forgive.

10. You live life daily, and only die once. **Make each day count.**

11. **Your life is God's gift to you.** How you live it, is your gift back to God. Make Him smile that he created you.

12. **Love is the greatest gift you can give to yourself.** Love that person in the mirror before you expect someone else to love her.

13. **Your happiness will always be your own responsibility.** Free those around you. It's never the job of your friends, children, siblings, or even your spouse to make you happy. Be happy by yourself first and let that happiness become sweet perfume to those around you.



14. **Build a legacy for the generation yet still unborn.** I used to wonder what that meant but over the years I have seen it come to fruition in my own life. Contrary to the trend that follow your passion to make money, sometimes what you are passionate about will not be financially profitable. The monotonous, sacrificial, boring work might be what will bring you millions of dollars.

15. **You don't get to choose your family.** You don't get to choose your parents. Cherish them! Love your family unconditionally through the bad and good times. In the end family is all you really have.

16. **You don't get to choose family but you get to choose your friends.** I have met a lot of people in my lifetime, but I can count the number of true friends I have on one hand. We have been friends through it all. Choose friends that will carry you on their backs when you are too weak to walk. Better still, be that friend that can carry a wounded friend on their back out of the battlefield to safety.

I will end by saying love is a beautiful thing. Love is about giving. Love is easy, the other stuff around it is what is hard. Things like time management, respect, integrity, patience, trust, forgiveness, personal hygiene, humility, emotional intelligence, sacrificial giving, reading financial statements, budgeting, parenting, in-laws, and communication. Real love has nothing to do with being glamorous or flamboyant. It's actually full of ordinary tasks, like making sure there is a hot meal when everyone gets home in the evening. It's doing the dishes for the 100th time so that your loved one can finish writing their business report. It's really all about giving, not taking. The paradox is that the more we give the more we actually receive.

Today I was told not to do anything because it was my birthday, and that I would be pampered. I was.

I guess you are curious how I became an International brand. Only a preview because I don't want to spoil your story. You need to live it through yourself to see it. We built an international university that became a launching pad for great inventions in Africa. We also built orphanages across Africa. To date we have 90 state of the art facilities housing 100 children in each, from the age of 0-18 years.



Oh yes “we,” I did get to marry my soul mate, he still sets my soul on fire. He still causes my heart to skip a beat every time he enters the room. It's weird because I didn't get to marry the guy I thought I would marry. This was God's choice. I would never have chosen him, in my limited capacity but in God’s sovereign plan, He knew how the story would be fulfilled. Any regrets? Maybe 2, that I waited too long to step into my purpose and believe in myself; and that I waited too long to release my bestseller book, it did bring in our first billion dollars.

Oooh I will have to end here. My honeybunch has just come into the study. He is saying everyone is waiting for me to come downstairs to cut my cake. That he baked! What more could I ask for? I am blessed. Let me put on my pink heels, that are matching with my bright pink dress and clutch bag. You still love pink! As I say goodbye, greatness is closer to you than you think, it is within you. Don't give up on God. This life of yours will end in worship to Yahweh. Your life will end in testimony!!!

Love, 90 year old Sandy.

Sibo Hlabangana's letter

My dearest MaHlabangana,

Having lived out my life to the age of 90, take it from me when I tell you, you have nothing to worry about. My love, I have lived an awesome life, one many dream of. Knowing where you are in life right now and going through the struggles and disappointments I remember you enduring, I have decided to share some truths with you. I hope they help you as you continue the journey of living your life the best way you know how.

1. **Be present.** In every moment, be present. I know what a dreamer you are and that's wonderful. It's great to look towards the future but it's ok to experience your life as it stands too. No matter how much it hurts sometimes, don't check out, don't find ways to numb the pain. Allow yourself to feel it all because if you don't, it will come back to haunt you in other ways.

2. **Be yourself no matter what.** Not everyone will get you or what you're about and that's fine. It's about them, not you. You can be your true authentic self and be disliked by some, but you will also be loved by those who choose to love you.



3. **All your dreams have already come true.** There's no rush for them to be manifested because they have already happened. I know patience is something you're still learning. What difference does one month or one year or 5 years make when you know it's a done deal? Everything you have ever dreamed of, I've lived to experience so don't worry about when or

how because it really is a done deal. That dream beachfront home of yours, those investment properties you want to own, the business you want to run, the money you want to make, the travel you look forward to doing, the husband and kids you hope for, all a done deal.

4. You're on the right track. Continue to do what you love, create without boundaries, continue to learn and share your experiences. Pursue those seemingly impossible dreams. As long as you're doing all these, you can relax and know you're on the right track. God will do the rest.

5. You're beautiful as you are.



6. I am proud of you and the person you are. You're doing great. I love how you do life. I'm living in the results of you being the person you are. I know you don't feel it right now but honey, you are enough and you're doing alright.

7. I know you worry about this, so yes I did eventually reach a point where I love myself 100%. That means you don't have to worry about it anymore. You will reach this point. It won't compromise your love of others but will make you love them better. It's ok to choose you.

8. When you choose to love someone, love without reservations. Love them fully knowing they might hurt you. Assume the best of that person. (After Googling them of course lol.) They might prove you wrong, but what if they prove you right? Because of your trust issues I know you're probably thinking "what is she smoking?" Take it from me, trust is going to play an

important factor in allowing my husband (thanks for dreaming him into life) to come into your life and stay in it. As I write this, he is sitting right next to me. Just thought you might like to know;-) And when he comes into your life, open yourself up to be loved, it will make my life easier. If you don't, I might end up writing this letter to you sitting by myself, girl don't do that to me lol.

9. Create to your heart's content without worrying whether or not anyone will like it or approve of it. Write even if only one person reads. Dance without an audience. Produce even if you're not seeing any impact right now. In time it will all pay off and when you tell your story of how it all started, it will change your area of influence. Believe me, I know this.

10. God loves you. I know you know this intellectually and you think you believe it, but every time you are hurting or disappointed or experiencing different struggles, you question His love for you. At 90, my dear, you can trust me when I tell you this, **God really does love you unconditionally.** You never have to doubt that ever again. Trust that whatever happens in your life is for your good and where it isn't, God didn't cause it and will make up for it having happened to you.

Finally, relax. Breathe in, hold it, breathe out. You're ok and everything is going to be just fine.

I love you,
90 year old Sib0.



Contributors to the March 2021 Issue

1. Magugu Khumalo

Magugu Khumalo is a bookkeeper at a school in Johannesburg. Although she's never really written much, she remembers her teachers telling her how impressive and creative her writing was. She dreamed of one day being a writer but that dream died due to lack of motivation. When Sibho, her sister, asked her to write for her magazine, she was perplexed! She wanted to turn her down but remembered that she has always believed in her and decided to give it a shot. Now she can add writer to her credentials 😊

2. Ruramai Mugwisi

Ruramai Mugwisi is a girl and women's empowerment champion, budding spoken word artist, digital content creator, medical scientist, wife and mother to four amazing children. She's a devoted Christian and passionate about purposeful and mindful living. Contact details: Facebook: Total Woman Forum; Instagram: @i_am_rue_m @TotalWomanForum and @ever_ygirl.

3. Sandra Areka

Sandra Areka is a professional counsellor with wide experience in working with diverse people and groups of all ages, from children to the elderly. She is also a counselling trainer, a speaker and an event planner.

4. Lola Rutendo Denga

Lola Rutendo Denga is an Author, Therapist and Entrepreneur. She has a free book called Prayer moods which you can find on her website lolaru.co.zw and has a published blog devotionsanddelights.cw.center. Her company Crown Hosting is a fusion of her passion to host, read books and develop women through beauty. You can find her on social media as lolaruzw.

MARCH 2021

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2. Ruramai Mugwisi



3. Sandra Areka



4. Lola Denga



5. Joyce Mutangara

Joyce Mutangara is a wife, mother, pastor, legal advisor and strengths coach. She loves to give inspiring personal interaction, through authentic discussion, and exploration of talents that motivate people to achieve optimum performance through intentionally deploying their strengths. For more information or access to her work, you can contact her through: Her blog: joycemut.wordpress.com
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6. Sibho Hlabangana

Sibho Hlabangana is a dreamer, writer and speaker. She is the creator and editor of Sibho-Lifestyle Magazine. She is also the author of 4 books, 3 of which can be found on Amazon and 1 that is free and can be found at inspirationbysibo.com under the section "my books." Beyond that, she is a co-founder of Hosea Women International, an online women's ministry. Contact details: Email: sibo@inspirationbysibo.com. Twitter: @sibohlabangana. Instagram: @sibohlabangana1.



MARCH 2021

CONTRIBUTORS

5. Joyce Mutangara



6. Sibho Hlabangana



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1. Subscribe to Inspiration by Sibolifestyle through visiting inspirationbysibo.com and get a copy of the magazine, once a month. **OR**
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Contribute to the next Issue

If you would like to contribute to Sibolifestyle Magazine, email sibo@inspirationbysibo.com or WhatsApp +263733259119. It should be your own work/opinion, you can use quotes but it should be mostly your work. We will not accept your article if it’s been published anywhere else. Length should ideally be from 400 words to 1000 words. For publication in a certain month’s Issue, submit it by the 20th of the month before e.g. for April 2021, submit by March 20, 2021. Your article can be on anything to do with dream pursuit, vision, wellness, travel or you sharing about a dream that came true or any other success story to encourage readers.

For the travel section, you can send in your travel photos on their own or with an article on your travel experiences.

