

SIBO - LIFESTYLE

ISSUE NO. 4 AUGUST 2020

Wellness:

A courageous woman. A letter to my daughter.

Travel:

Bali, Indonesia.

Dreams/Vision:

From Shasha to Master KG to Ikorodu Bois - Dreams do come true. Your struggles form your backstory. Dreaming big.

RUNNING A BUSINESS IN
A DIFFICULT TIME &
ENVIRONMENT

MATI
MWAMUKA



Hello Diamonds,

Welcome to the August 2020 Issue of *Sibo-Lifestyle Magazine*, where diamonds emerge.

I've been seeing different magazines closing down or stopping publication and I thought what am I doing starting a magazine at a time like this? I had to stop for a moment and remind myself why I do what I do. It all started with me seeing how reading personal development material, listening to podcasts etc helped transform my life from that of throwing my life way to one where I'm following my passions and pursuing my dreams.

There was a mind-set shift from 'life is worthless' to 'I can build the life of my dreams and get to live in it.' I wanted to share this truth with people with the hope that they too can turn their lives around. It's not an easy journey, one that can feel lonely. I hope *Sibo-Lifestyle Magazine* can, even for those few minutes you read it, make you see that you're not alone and that if you just keep at it, you will in time get to live in your dreams. I look forward to that day myself. I'm not sure why I felt the need to share that but, there it is.

In this Issue we look at people's dreams coming true, what makes a woman of courage, what dreaming big looks like and a whole host of other things.

The diamond of the month is Mati Mwamuka, who gives us an example of a courageous woman conquering the business world whilst being a wife and mother. She shares vulnerably regarding the effects of COVID-19 on her business.

If you would like to receive a monthly copy of the magazine or contribute to the next Issue of the magazine, you will find details on page 37. If you discuss or share about the magazine anywhere on social media, please use the hashtag #SiboLifestyle so we find it. Read on, enjoy and share with others. Dare to dream big and believe in your dreams.

With love,

Sibo Hlabangana
Bulawayo, Zimbabwe.

AUGUST 2020

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SIBO-LIFESTYLE MAGAZINE

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Dreaming big, having a vision for your life,
continual growth, pursuing success, development

DREAMS AND VISION



From Shasha to Ikorodu Bois to Master KG, dreams do come true by Sibò Hlabangana

I think I love hearing about and seeing dream come true stories more than the average person so when another one comes my way, I get extremely excited. This time around it started with finding out that Shasha won the BET award for Best New International Act! After voting, I'm glad all votes counted and she took it home. Zimbabwean born Shasha is one of many Africans showing that you can pursue your dreams and reach a wider audience than just locally.

I was also introduced to a group of young men called Ikorodu Bois, from Nigeria, who make home-made videos and share them on social media. One of their videos, imitating the movie Extraction, has been seen worldwide. Chris Hemsworth shared the video and it has been viewed by millions as a result. The Ikorodu Bois have been invited to Hollywood to attend the premiere of the next Extraction movie. From what I can tell, they started their Instagram page in 2017 and now their videos are getting a global audience.

I then discovered this brilliant song by Master KG called Jerusalema. Someone shared a dance with the song on Twitter so I went to look for it on YouTube. I won't mention the number of times I watched it because I'll seem crazier than I already am. I saw it had resulted in a dance challenge so I started watching those videos and let's just say if you've ever spent hours on YouTube you'll understand how long I was occupied.

The dance challenge has reached different countries all over the world. Jerusalema, on July 30, 2020, has over 54 million views on YouTube (it had 42 million views a little over a week ago when I wrote this, 4 days later when I was editing, it had gone up by 4 million views and now a few days later it has gone up by another 8 million views!) Some dances with the song have over 6 million views. Master KG produced a masterpiece (see what I did there lol) and the world is watching and dancing and I love it!

Why am I sharing all these stories with you? Because whatever dream you have or whatever dream you are pursuing, in time it will pay off. Sing even when no one is listening, write with only one reader, dance for an audience of two, make videos for a viewership of five people, bake when you can count your clients on one hand. Do this knowing one day thousands will see your work or use your services, millions will become privy to what you have produced and it will all be worth it. Master KG, Shasha and the Ikorodu Bois started without a global audience but now they've garnered one. Their stories remind me that the pursuit of dreams is a process and if you keep doing what you do, one day you'll find yourself living in your dreams.





Dreaming Big - What my Wikipedia page will say in 2029 By *Sibo Hlabangana*

Growing up I didn't dream much. If I did, I don't remember doing so. It's only from a few years ago that I started to dream, not only dream but to dream big. Reading and watching different people's life stories and seeing what God can and will do for people, both in the Bible and in this day, has turned me into a big dreamer. More than anything, I believe because God has limitless resources and since He's my Dad, that means He will give me the desires of my heart.

I know that if you dream big, believe in your dreams and visualize those dreams, you will see them come to pass. Here I'd like to share what I believe my Wikipedia page will say in 2029 (I wrote it in 2019.) I'm doing this so that when 2029 comes and my life looks like how I'm going to describe it here, people will be convinced that anything is indeed possible and if you can dream it and believe it, you will see it. I know most of what I wrote will seem crazy but faith has a tendency to look crazy until it happens.

I'm able to share it all with you right now because I'm already experiencing some of the things I dreamed of only a couple of years ago. Let me give you an example of what's been happening. In January of 2017, I wrote a vision letter. *(It's a letter that you write to someone and date it 5 or 10 years from now, or however long you wish. You tell this person you're writing to what your life is like, where you are, what you're doing and who you're with. You*

would have to be as descriptive as possible. I discuss a vision letter in detail and give a guide to write one, in the May 2020 Issue of the magazine.) In the 2017 vision letter I wrote describing my life 10 years from then. I wrote about things that hadn't happened yet. Some of those things have already happened. For example:

1. I said I'm a writer, at the time I hadn't written anything, I hadn't even started blogging. Now 2 years later, I've written 4 books.
2. I wrote I'm a motivational speaker, when I hadn't ever done that. Now I've had the opportunity to do this a number of times.
3. I wrote I inspire people, especially young women. Now I have an inspirational blog, inspirational books and some of my speaking engagements were to young women.
4. I also wrote I get to travel around the world, at the time I'd never travelled anywhere, except South Africa because I studied and worked there. Last year I got to visit Bali, Indonesia.

The above makes me keep not only dreaming but dreaming bigger. How big are you dreaming? Below is what my future looks like.



In 2029 my Wikipedia page will read:

Sibo H, born Sibonginkosi Hlabangana is a Zimbabwean-American speaker, preacher, writer, entrepreneur and advisor. She was born and grew up in Bulawayo, Zimbabwe. She obtained a BA and an LLB degree from Rhodes University, South Africa. She then moved to Cape Town and worked there before returning to Zimbabwe where she was admitted as an attorney. She was in practice until 2019.

She is a sought after international speaker. Conferences sell out the moment it is known that she will speak there. She has also been known to speak at small churches or events in the cities she goes to speak.

Her books have sold millions of copies and impacted even more lives. She is a sought after interviewee who has been interviewed by the likes of Oprah Winfrey, Tim Ferriss, Shawn



Bolz, Michael Koulianos, Ellen Degeneris, Jay Shetty and Marie Forleo.

She has played an advisory role for politicians, business leaders, dignitaries, celebrities and church leaders. Some of those have included Presidents and Fortune 500

CEO's. As a philanthropist, she supports many causes through her foundation, which she and her husband fund together with other donors.

She changed the “traditional look” of entrepreneurs and paved the way for a different breed of entrepreneurs. Where others would call her a self-made billionaire, she says she is a God-made billionaire. Her fortune was amassed through various sources, including her businesses, her books, her speaking engagements, her appearances, her different investments as well as her angel investments and from people giving her money and other gifts, something that people seem to want to do even without her asking them to do so.

She is also known for angel investing in companies that always make it big, something she attributes to the guidance of the Holy Spirit. Forbes has said whatever start-up she touches turns to gold. Many start-ups seek her for that reason.

In her role as a preacher, she (in her words) "travels the world to spread the gospel and bring people closer to God." Together with other preachers, they have been welcomed to many countries and regions to give what they call "vision reports." Her meetings are known to be accompanied by signs and



wonders and people giving their lives to Jesus Christ. Her ministry has changed the way people knew "ministry" to be in the past.

Dubbed the "woman of faith" she's evidenced that with God, nothing is impossible. She has shared vision boards and vision letters that show how she wrote about things that have already happened in her life. She's even become friends with people she used to watch/read/learn from religiously.

Her influence has been said to be that of Oprah Winfrey, Richard Branson and the late Nelson Mandela combined. When she says something or endorses something, people listen. It's not surprising that a movie about her life (as well as her husband's) is already in the works even though she only came on to the scene 8 years ago.

Personal

She is a self-professed Christian who is vocal about her faith. She attributes all her success to God. She is controversially known for believing God speaks to her.

In 2022 she met H, ([link to his Wikipedia page](#)) and they got married in 2023. They live in LA, California with their 2 children, Timothy and Nomzamo, together with their dog, Yossarian.

Their meeting, courtship and eventual marriage is the subject of a 2023 documentary showing how God can bring 2 people together if they are meant to be. The documentary also shows how love transcends cultural boundaries. Although they are in the public eye, the H's still manage to lead a very private life, sharing only that which they choose to share.



Now it's your turn

What are you dreaming of? What do you believe your life will look like in 5 years, in 10 years, in 20 years? What are you believing for that you're willing to write down and refer to when your current life makes your future seem bleak? If you decide to write your own vision letter or your own Wikipedia page forecast, you can look for the May 2020 copy of Sibolifestyle Magazine with an article titled "How to write a vision letter." Alternatively you can go to inspirationbysibo.com and search for "vision letter" and a post on how to write a vision letter will come up. Go ahead, dream big.

Coelho's words: "Whenever we do something that fills us with enthusiasm, we are following our legend. However, we don't all have the courage to follow our own dream." Do you have the courage to follow your passions, your dreams, your true calling? I'd recommend you read this book because if you're not yet convinced you have to follow your passions, this book will definitely make you a believer.

3. **Think and grow rich by Napoleon Hill**

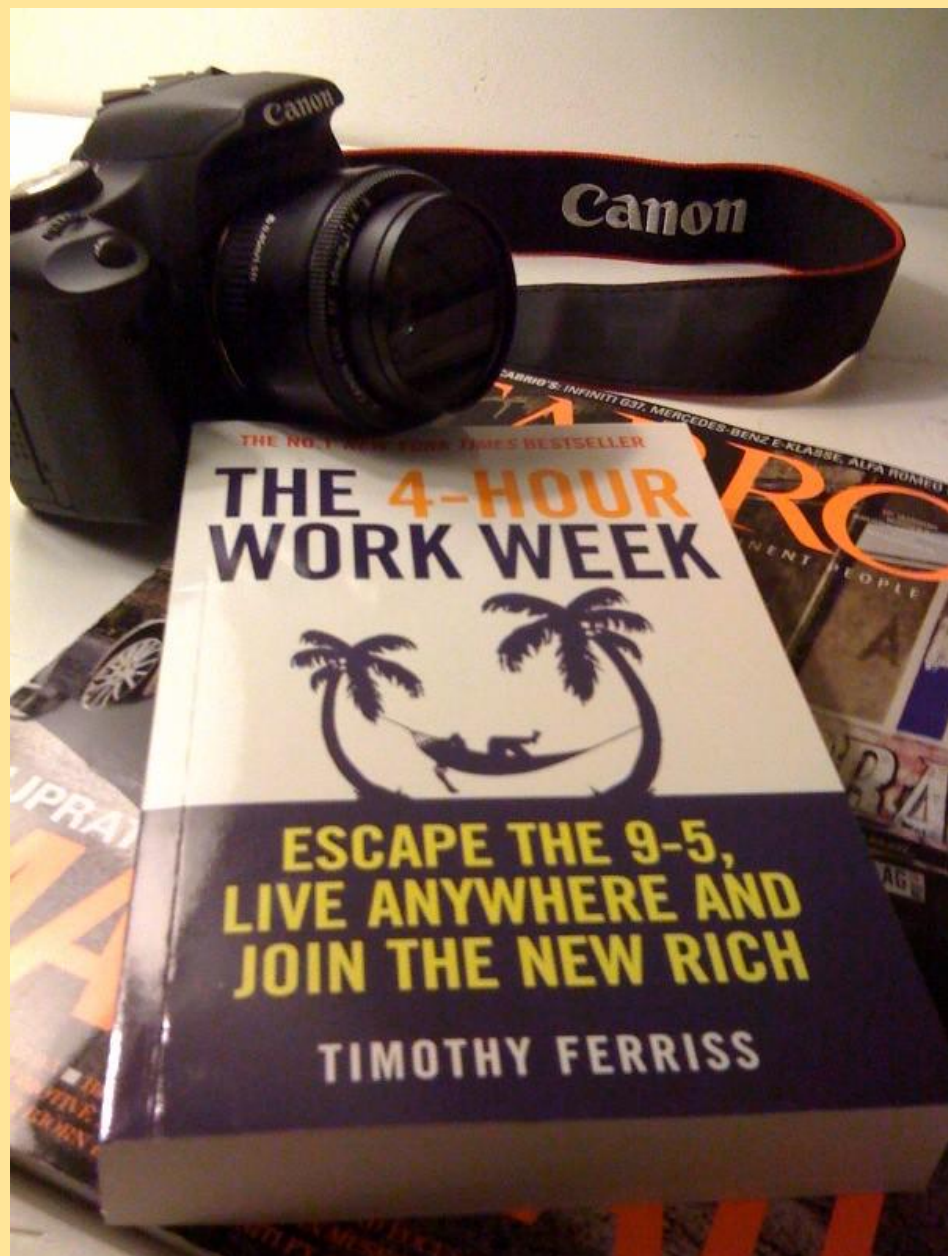
This book **showed me the power of thoughts and the importance of believing**, of having faith. Similar

books include:
The magic of thinking big by David J Schwartz,
As a man thinketh by James Allen and
Key to yourself by Venice Bloodworth.

4. **The 4-hour workweek by Tim Ferriss**

This book opened my eyes to the notion that **I can design my own lifestyle as I see fit and do what I want now, without waiting for retirement**. It got me thinking differently about what being

"rich" is and how you can live a millionaire lifestyle without necessarily being a millionaire.



Don't despise your current life, it will be your backstory

By Sibö Hlabangana

In the pursuit of your dreams, do you ever find yourself wondering if you'll get where you want to be? Do you ever look at your circumstances and think "how are my dreams even possible considering where I am and what's happening in my life right now?" When yet another disappointment takes place or you feel alone on your journey, do you ever wonder why things are the way they are? I've wondered this and asked myself these questions and more. I've come to the conclusion that what's happening in my life right now is a set up for where God is taking me.

What has already happened in your life is setting you up for where you are going. It's going to form part of your backstory. Some of it might not feel good right now but if it didn't happen then your story wouldn't be as interesting as it's going to be with such a background. If Oprah Winfrey had been born to a wealthy family and her life had been an easy one, would her story be as compelling as it is now?

When I read about, hear of or watch other people's stories, where they came from and where they are now, I'm greatly encouraged because I see proof of



what can happen if you have a vision for your life and dream big. Their 'before and after' stories remind me that I'm on the right track and what's happening in my life right now will one day pay off. Now I can't wait to see my story unfold.

In light of this, I am currently building a foundation for my story. When I share my dreams and what my future looks like, I do it to lay down the foundation for what God is going to do. It seems silly now but I know when what I dream of comes true, the house that will be built on that foundation is one that will be visible to all so they can see that with God nothing is impossible. They will also see the power of believing without evidence, what is known as faith. What are you sharing? How are you laying your foundation? What will you refer people to when your dreams start coming true?



DIAMOND OF THE MONTH



*Running a business in a difficult time and environment
- An interview with Mati Mwamuka by Sibó Hlabangana*

In each Issue of Sibó-Lifestyle Magazine, we celebrate individuals that dream big, pursue their dreams and are pursuing success on their own terms. I'd like us to learn from them, to see how like us they are or how they differ from us. For us to see what we can do differently or continue to do to pursue our own dreams and success. In this Issue we shine the spotlight on Mati Mwamuka.

Mati Mwamuka is a business woman who is a franchise owner, as part of the Sorbet Group. With an accounting degree, Mati is a qualified CA, who rose up the ranks to the position of Senior Manager before choosing to go out on her own. Having worked for companies such as Ernst & Young and the Industrial Development Corporation of South Africa (IDC,) she left the corporate world to run and manage a hair salon, a Candi & Co franchise. She is a passionate, enthusiastic and hands on leader. She has been featured on The Big Small Business Show on Business Day TV. As someone who has excelled in the corporate world, now running her own business, all while being a wife and mother, I think she is someone we can learn a lot from.

Where are you from and where do you currently live?

I'm from Zimbabwe, currently living in South Africa.

Growing up, did you imagine you would do the things you've been able to do in your life?

I never imagined so. There are times when I look at everything and I am like "I did not imagine this." God has been merciful.

So far, what are you most proud of achieving in your life?

My graduation moment, my professional qualification, my family, my husband and a good pair of Nikes! 😊

What are you currently working on? Or are planning to start working on?

Currently working on my business, a Hair Salon part of the Candi & Co Franchise. I would like to head back into Corporate, ironically I have missed it.

What did you do before starting your own business?

I was a Senior Manager in Internal Audit at the IDC.



What made you decide to start a business?

A Leap of faith. I just felt led in that direction although there are moments in the journey were I start to feel it was actually my own desire and thoughts and I was not led. I think these are the moments God feels far.

Why that particular business?

I have very thick hair and I generally had bad experiences at hair salons. I had the desire to start a salon before finally pursuing Sorbet (Candi & Co.) I did the research and it just did not materialize. For a very long time I eyed Sorbet and was intrigued by it and one day a friend of mine told me to just apply for the franchise, which I did. One thing led to the next and I ended up going for the Candi and Co part of their business which resonated with me.

What do you enjoy about running your own business?

Doing my nails, particularly my toe nails 😊 On a serious note, it's to see lives changed. Our brand seeks to give women of colour a different salon experience, a good one, at a reasonable price and to advise women on the best way to look after their hair. It has been a lot of emotional sacrifice and effort. I hope the "gift" of service is appreciated.

What have you found to be difficult or challenging as a business owner?

People management and managing expectations. To get the best out of people is not in the least easy and at times the team does not have the same heart and same vision. There is a lot of hard mistakes and I tell you, you need God in business more than when you have a guaranteed pay check each month. It is humbling.



How has the Coronavirus affected your business and what have you learned as a result?

Corona Virus is most probably the single most challenging experience I have encountered in my life, with employees relying and looking at you and at the same time the environment demands that you innovate, you are agile, positive and look for the best. I have learnt nothing in life is certain and only God knows what the future holds, what you gain, what you lose and how He looks after us all. I learnt to spend a lot of time with God and how much human connection we require. Stress is one of the most unproductive feelings as it adds nothing to your life. In the end actually everything works out. I don't know how but everything works out. I have learnt who my friends are, those who checked on me and asked "how is business?" Sad to say only one person did. Sad.

If someone wanted to start their own business, what insights would you give them?

Follow your heart, you never know unless you try. Work hard, put your heart into it. Follow good accounting and legal practices, always



have your house in order. Be cautious of partnerships, they are difficult to manage, especially if you have never done a partnership before. A partnership requires experience and knowledge. And of course pray, you need to know who is rooting for you.

How long have you been married?

14 years.

Briefly, how did you meet your husband?

At an 18th Birthday party for my friend that he was hosting.

Do you have children?

Yes 2 girls.



How do you balance being a wife, mother and running a business or any other pursuits?

I stopped my corporate job to find balance. The business is demanding in some respects but it allows for a good work life home balance. I realised we make time for what matters to us and discipline creates time.

Think about it, during lock down did you do all the things you set out to do given that there was so much "time?" Sadly not. It boils down to discipline and priorities and

much help from the Holy Spirit.

Do you have dreams, goals or a vision for your life?

Yes.

Have you recorded the above in any way? If yes, how?

In my prayer journal and in an app called Vision board.

Have any of your dreams or goals come true or been achieved?

Yes, God has been good.

How are you keeping your dreams alive? (For example I watch Architectural Digest homes to see my dream house. Someone else might go test-drive their dream car.)

Mmm I could do better, I don't believe I'm doing this.

What drives you in life? What keeps you going?

Winning and family.

What does success look like for you?



Peace and a depth of beauty.

Have you ever felt inadequate? If yes, what was the situation and how did you handle it?

I felt inadequate during COVID 19. So much

responsibility and most probably the first time I actually did not have a plan and no income. Still handling it I suppose. I have just ignored the feeling but it's driven me to want more as well.

Have you ever failed at something or not achieved what you hoped for or been disappointed after not being chosen for something? If yes, what happened and how did you handle the situation? What kept you going?

In ministry somehow I have felt like that the things of God are not so clear cut. I have found that different ideologies have disappointed me and when a Christian group does not grow I find that disappointing or when it gets "shut" down I always feel like I have failed God somehow, like why should Christin agendas get shut down? The business has not achieved the revenue targets I thought. Well in the first instance I realized God is a God of free will sometimes we go the wrong way and sometimes He simply respects the decisions we make. I just now make the most of the season, learn as much as I can as I don't know what tomorrow

holds or if things will change. Healing and prayer has kept me going, as well as I suppose hope and being naive.

What has been the most trying time of your life? How did you work/live through it or get to the other side?

I think COVID 19 is top of mind, but also when I had to write a supplementary exam for my Accounting degree. When I had a disappointing conversation with my favourite aunt. God is always at the centre of all the storms. I always have to pray through things to make sense of them.

Are you in any way or form taking care of or feeding your spirit, body and soul? If yes, how are you doing that?

Lock down was a good time, I spent more time than I usually do in prayer. I did an online course on the prophetic but actually the course is more about breaking down the hindrances that stop us from hearing God. I have joined some prayer groups and I participate as best as I can. I am getting into a routine and rhythm with God, it's still rough around the edges but it's there. I research a lot and listen to YouTube sermons. I am always open to learn. For the body I try and juice but that has not been done diligently, I have been eating a lot of chocolates, I need to fix that. Taking care of the soul part is friends sitting outside, music, my sisters, my parents.

How do you show yourself love, if you do that?

Mmm good question. I don't think I do this but I do love getting my toe nails done. I need to explore this a bit more.



Do you have a morning routine? If yes, please share.

Lately I have developed a new routine. I wash my hands, face, teeth, open the curtains and settle down and pray. I try to remember to put on the armour of God, pray the fruits of the spirits, gifts of the spirit and Isaiah 11:2. This is still a new routine but this is where I'm going.

What places have you travelled to? What has been the best place you've visited and why?

I've been to Mauritius, USA, Mozambique, Kenya, China and the UK. My favourite was Singapore, it was a dream destination. And it was just nice, nice food, nice people, I loved it!

What have you learned from your travel experiences?

Don't stare and enjoy. Plan for jet lag. If you go to Mauritius book for full board (it makes the drinks by the beach cheaper!) Always check your children's passports because they expire faster than yours and always renew your passport in good time. Pack lots of bikinis, sunglasses and hats. Don't have a straight weave on holiday. Enjoy and switch off your phone.



Do you have any people you consider role models? (Living or passed on) If yes please name 3.

Apostle Michelle Peterson, Elizabeth Mushonga and my Mom.

Are you currently reading any books or watching videos or listening to podcasts to improve yourself? If yes, please give 3 examples.



1. UNLOCKING DESTINY FROM THE COURTS OF HEAVEN

2. Prayer Rain (Not for the faint hearted)

3. Apostle
Michelle Peterson

What 3 books, videos or movies do you think a person who wants to transform their life needs to read/watch?

1. Tuesdays with Morrie by Mitch Albom (there was just something life changing about that book for me.)

2. Apostle
Michelle Peterson (God is Love and tackles warfare in a good way.)

3. Bruce Almighty (God is fair.)

Are you currently reading or watching anything for entertainment? If yes, what are you reading or watching?

I like very odd movies, vampire movies, science fiction with a bit of a thrill. I like epics like Lord of the rings, something that makes you sit and watch for 3 hours with some good fighting in between. When I start watching TV I really go on a serious binge.

Do you take time out to have fun? If yes, what do you do for fun?

I don't do it enough but spa days and dinner and dessert with my husband.

If you were to be well known for something, what would you want it to be? Or how would you want to be remembered at the end of your life?

A race well run, lives changed and people knowing the love and freedom of God. Success and beauty.

What life lessons or thoughts would you like to leave the reader with?

1. Forgive. Forgive. Forgive. Forgive God, forgive people, forgive yourself and forgive the shop steward who angered you. Forgive strangers. Just forgive!
2. Not everything has to make sense, just do the best you can, we are all different.
3. Everything does work together for good no matter how difficult it is.
4. Your body will tell the tale in your old age of what you did to it.
5. Live to be in the register in heaven (yes ask God to be in the register.)

You can follow Candi & Co Blue Hills on Instagram: [@candiandco_bluehills](#)





*Taking care of spirit, body
and soul*

WELLNESS



*A Courageous
Woman By
Sandra Areka*

Create in me a
courageous woman,
One that can stand in
the face of storms,
One that can stand in
the height of
temptation,
One that can face the
insatiable desire to be
loved and instead
reach out first to love
others,
One that has fallen a
1000 times but had the
strength to get back up
1001 times,
One that has learnt that
success lies on the
other side of failure.

Create in me a
courageous woman

who believes that time and chance happen to us all.

A courageous woman who knows she is allowed to cry in her pain and to celebrate in her happiness.

A courageous woman who knows her true feminine essence. One who knows how to celebrate the beauty of her womanhood.

One who knows how to laugh at her mistakes, and gracefully accept praise when she is excelling.

A courageous woman, a superwoman who knows how to do mighty exploits but is content enough just to be a human being.

A strong woman who is not afraid to say please help me, will you forgive me, thank you, I love you.

A courageous woman who is not afraid to say yes.

A courageous woman who is not afraid to say no.

Create in me a courageous a woman who knows how to totally trust and depend on God, in a world that celebrates self sufficiency and independence,

Create in me a woman who knows how to trust in her God, not in her looks although she may be endowed with all the beauty, not in her intelligence although she may be exceptionally gifted, not in her wealth although she may possess much, but a woman who totally trusts in her God.

A courageous woman who is rich in character, in kindness and gentleness.

Create in me a courageous woman who knows the difference between a dream and a fantasy.

A woman who knows that a dream has a costly price to pay, that of self sacrifice.

A woman who knows the difference between love and infatuation, that love hardly comes boisterous and flamboyant but softly like a butterfly that gently rests itself on a pretty flower.

A courageous woman who has the wisdom to know when to speak and when to be quiet.

A courageous woman who knows that being quiet does not always mean submission and being outspoken does not always mean rebellion.

A courageous woman who knows how to celebrate the success of another woman, be it a gorgeous dress, a thriving business, a beautiful wedding, the birth of her baby, her expensive jewelry, her travel diaries, a clean house or just her recipe that gets her guests asking for more.

Create in me a courageous woman who knows how to follow her heart.

One that knows how to follow God with her whole heart.

A woman who knows that strength lies in weakness.

Weak in the eyes of the world but strong in the eyes of her God.

A woman who is not afraid to work hard, pray hard and play hard.

Create in me a courageous woman who knows that faith always conquers fear.

Love always conquers hate, forgiveness always conquers revenge,

Create in me a woman who knows she is created for relationships but is not afraid to be alone.

A courageous woman who knows that to have a crowd cheer her on does not always mean she is on the right path or to have no one cheering her on does not mean she is on the wrong path.



Create in me a woman of faith, a vessel of honour, who knows that honour does not come cheap, but is worth every ounce of respect.

A woman of character who does not need to shout to be heard, but just her presence before a word is uttered from her lips echos words people hear so loudly.

A courageous woman who knows that her worth is not defined by external factors. She is not needy or poor, but a woman of faith and substance.

In time my heart will rest knowing I was always at the centre of your Heart, the apple of your eye.

A courageous woman and no one will ever take my place.

A courageous woman who knows that nothing shall separate me from the love of Christ.

Shall poverty or prosperity, sickness or health, life or death, demons or angels?

No, none of these shall be able to separate me from the love of God through Christ Jesus.

I am His and He is my Beloved.

© Sandra Rejoice Areka, 2020.





A letter to my daughter By Michel Mzondo

My darling Zoe,

You are beautiful, you are strong, and one important thing you need to know is that God created you for a purpose. Always believe in your self-worth and dignity. Always believe that you count and that your life has ultimate significance. Unfortunately we live in a patriarchal society which favors men, however, never let this get you down. Always stand up for what is right and let your voice be heard. Never shrink yourself or act modest with the fear of ruffling other people's feathers.

Always aim for the stars and set goals that scare you. Believe in yourself. You can achieve anything that you set your mind to and never let anyone tell you otherwise. You can be a Pilot, a Doctor or even the President if you want; you just have to believe in yourself. Do not let the world dictate to you who or what you should be.

Zoe my dear, you are worth more than that beautiful face and sexy body, beyond that external beauty lies someone of great value and importance, discover who you are, increase your self-worth and preserve it. Never let a man validate your existence.

When you fall in love (and you will) never lose yourself in the relationship. Love yourself and never let anyone treat you less than what you deserve. A real man will love you and treat you with respect. Always remember your worth.

Always remember that challenges are part of life and they will come your way. When they do, always believe in yourself, know that there is something inside you that is greater than



any obstacle. Never be afraid to reach deep inside as you overcome all the challenges that come your way.

My dearest Zoe, we were all created equal but different. Never envy the gifts that your friends have, but know that you have your own. Discover them and soar like an eagle as you fulfil what God created you to be.

Never succumb to peer pressure. You do not need to change your values and beliefs so that others can love you. Believe in

yourself and all that you are. Do not be afraid to be different.

The world we live in is full of injustices, know that you were created for such a time as this, to be a solution bearer for your generation. Always endeavor to make a difference and leave the world a better place than you found it.

Your loving mom,
Michel Mzondo.



“Dropping names is so last year. We dropping locations now.” – Anele Mdoda on Celebrity Game Night SA.

TRAVEL GALLERY

This month’s travel diamond is Michel Mzondo. Since traveling is not really an option at the moment, she’s shared pictures from a past travel experience. Let’s travel vicariously through her as she shares pictures of her Bali trip. Let her trip encourage you to dream big and design your life to allow you to do the things you love.



Michel Mzondo in Bali, Indonesia







If you would like to contribute an article on your travel experiences and/or share pictures of your travels in the next Issue, send your article and/or pictures to sibo@inspirationbysibo.com or send via WhatsApp to +263733259119.

Contributors to the August 2020 Issue

1. Michel Mzondo

Michel Mzondo, affectionately known as Mimi to her friends, is passionate about empowering vulnerable girls and young women through her initiative She Builds Africa. She is also co-founder of Hosea Women and shares on the blog authentically about her life experiences whilst encouraging women to draw closer to God. Michel is blessed with two children and loves to travel.

2. Sandra Areka

Sandra Areka is a professional counsellor with wide experience in working with diverse people and groups of all ages, from children to the elderly. She is also a counselling trainer, a speaker and an event planner.

3. Sibó Hlabangana

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2. Send your number to +263733259119, with a message with your name and stating "Please add me to the magazine group" to be added to the Monthly Magazine Group. The group will be open to admin only. The only communication sent through the group will be the monthly Magazine. There will be no comments or anything like that, to ensure you are not bombarded with many messages.

Contribute to the next Issue

If you would like to contribute to Sib0-Lifestyle Magazine, email sib0@inspirationbysib0.com or WhatsApp +263733259119. It should be your own work/opinion, you can use quotes but it should be mostly your work. We will not accept your article if it's been published anywhere else. Length should be from 400 words to 1000 words. For publication in a certain month's Issue, submit it by the 20th of the month before e.g. for September, submit by August 20, 2020.

Share with and hear from others as you navigate your spiritual walk with Christ. Visit Hosea Women International at hoseawomen.com.



Our vision is that of a world where women of all ages, races, and nationalities can come together in an inviting and encouraging atmosphere filled with love.

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